

Count Your Blessings

"Spa Week" lasts for 14 days at Bruno Salon and Spa

October 13 through October 26

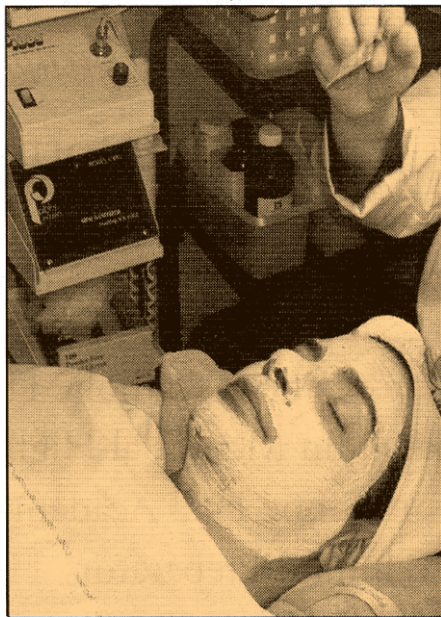
As part of the citywide promotion sponsored by Allure magazine, the two-level pampering emporium at 69th Street and Shore Road in Bay Ridge is discounting several of their treatments, which owner Bruno Grillo guarantees will refresh and invigorate.

For two weeks, the four-year old salon and spa is offering deals you can't refuse: choose a 50-minute deep pore cleansing facial, or a 50-minute body massage with sea salt exfoliation, or a 50-minute Swedish massage and pay just \$50.

The discount offers new clients a great opportunity to try a spa treatment they've wondered about – or get to know a new massage therapist or aesthetician – without paying full price, said Grillo, explaining the deal's appeal.

Men and women alike need a facial on a regular basis to deeply cleanse their skin and to nip the effects of aging in the bud. During the deep pore cleansing facial at Bruno's, Olga – who has over a decade of experience – analyzes each client's skin and assesses his or her needs. She then begins delicately massaging their face with a cleanser, gently steaming the skin, quickly extracting blackheads and customizing a masque that's right for each skin type.

While the masque sets, Olga releases any tension the client may have brought with them by massag-



ing their scalp, neck and shoulders. Finally, the masque is cleared away and a moisturizer is applied – with a bit more massage technique of course.

The obvious benefit of a facial is a clean, hydrated visage, but the client can't help but also be imbued with a sense of well-being after nearly an hour spent in a room with low lighting, quiet music and a gentle touch that smoothes away their furrowed brow and hunched posture.

A similar two-fold benefit can be reaped from the 50-minute body massage with sea salt exfoliation with Barbara, who has accumulated 16 years of experience in the spa biz.

"This treatment will improve

blood circulation, detoxify the body and leave the skin soft and healthy looking," explains Barbara, who is delighted to now be offering body treatments in Bruno's newly renovated treatment room, replete with a rain showerhead.

During the massage with sea salt, Barbara coats the client from neck to toes with sea salt, expertly erasing memories of stress from the muscles with each press of her fingers while simultaneously sloughing away dry skin and revealing an exquisitely soft body beneath.

While all will look and feel refreshed after one – or why not, two! – treatments at Bruno

Salon and Spa, your now tousled hair may need some attention, especially after the scalp massage that comes with the body treatment or facial.

There's no reason to walk out of the salon without a perfect 'do, because Grillo is offering a blow-out and style with Kyra, the newest member of his hair care team, for just \$25, during the promotion.

The only obstacle preventing Brooklynites from looking better and feeling better – and at such a bargain, said Grillo, is that appointments are filling up fast.

Bruno Salon and Spa is located at 6911 Shore Road at 69th Street in Bay Ridge. For reservations, call (718) 921-0736 or visit www.brunosalonandspa.com.